

*Diabetes, Endocrinology & Lipidology Center, Inc.*

Thank you for scheduling an appointment with our office to see Dr. Philip J.A. Ryan. If you find the date and time that you have scheduled is not convenient for you, please give our office a call as soon as possible so we can change your appointment. Since this will be your first appointment at our practice, please plan on being here for at least 60-90 minutes. Kindly give a twenty-four hour notice if you are unable to keep this appointment. You will be charged a fee if this notice is not given in the appropriate time frame.

Our office is located at 176 Health Care Lane, Suite B, Martinsburg, WV 25401. Health Care Lane is off Tavern Road, near MediCap Pharmacy.

You will be contacted by our office 1-2 business days prior to your scheduled date to confirm your appointment.

Thank You,

*Diabetes, Endocrinology & Lipidology Center, Inc*

# *Diabetes, Endocrinology & Lipidology Center, Inc.*

Dear New Patient,

We are happy that you have chosen to become a patient of ours at the *Diabetes, Endocrinology & Lipidology Center, Inc.* At DELC, we believe in providing the best medical care possible to our patients. With this being said, we ask that you please bring any information regarding the reason why our providers are seeing you. This includes any recent lab results or test results that will help us with your care.

Enclosed you will find a yellow patient questionnaire that is detailed. It is **crucial** that you have the **entire** questionnaire filled in prior to your appointment date. **If you arrive to your appointment and this is not completed, we will have to reschedule your appointment!** This questionnaire helps our providers with giving you the best possible care that you deserve.

We ask that you please bring the following items with you to your visit:

- Photo identification (If the patient is a minor, we will ask for the parent/guardian's photo identification)
- Current medical insurance card
- Insurance referral form from your primary care physician, *only if required by your insurance plan (this includes UniCare)*
- List of medications you are currently taking (if taking any). *Please include the dosage and frequency the medicine is being taken.*
- **All** of the paperwork we have sent to you today.

We look forward to seeing you on your scheduled appointment date. If you have any questions before then, please do not hesitate to call us on (304) 260-1060!

Sincerely,  
*Diabetes, Endocrinology & Lipidology Center, Inc.*

DATE: \_\_\_\_\_

## PATIENT'S PERSONAL HISTORY

PATIENT NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

What are your major problems or symptoms? List in order of importance:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**FAMILY HISTORY:**

NAME	IF LIVING		IF DECEASED	
	AGE	HEALTH	AGE AT DEATH	CAUSE
FATHER				
MOTHER				
BROTHERS/SISTERS (CIRCLE SEX)				
M F				
M F				
M F				
M F				
M F				
HUSBAND/WIFE				
SONS/DAUGHTERS (CIRCLE SEX)				
M F				
M F				
M F				
M F				
M F				
M F				

**FAMILY HISTORY:**

Check if any blood relative has or has had any of the following and enter relationship.

	YES	NO	WHO?		YES	NO	WHO?		YES	NO	WHO?
Stroke	<input type="checkbox"/>	<input type="checkbox"/>		Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>		Depression	<input type="checkbox"/>	<input type="checkbox"/>	
Cancer	<input type="checkbox"/>	<input type="checkbox"/>		Obesity	<input type="checkbox"/>	<input type="checkbox"/>		Adrenal Disorders	<input type="checkbox"/>	<input type="checkbox"/>	
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>		Migraine	<input type="checkbox"/>	<input type="checkbox"/>		Goiter/Thyroid	<input type="checkbox"/>	<input type="checkbox"/>	
Pre-diabetes	<input type="checkbox"/>	<input type="checkbox"/>		Asthma/Allergies	<input type="checkbox"/>	<input type="checkbox"/>		Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>		Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>		Nervous Breakdown	<input type="checkbox"/>	<input type="checkbox"/>	
Hypoglycemia	<input type="checkbox"/>	<input type="checkbox"/>		Stomach Ulcers	<input type="checkbox"/>	<input type="checkbox"/>		Gout	<input type="checkbox"/>	<input type="checkbox"/>	
Glucose Intolerance	<input type="checkbox"/>	<input type="checkbox"/>		Kidney Disease/Stones	<input type="checkbox"/>	<input type="checkbox"/>		Anemia	<input type="checkbox"/>	<input type="checkbox"/>	
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>		High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>					

**PAST HISTORY (Personal):**

Have you had any of the following illnesses?

	YES	NO		YES	NO
Rheumatic Fever	<input type="checkbox"/>	<input type="checkbox"/>	Cancer/Tumor	<input type="checkbox"/>	<input type="checkbox"/>
Angina Pectoris	<input type="checkbox"/>	<input type="checkbox"/>	Frequent Kidney	<input type="checkbox"/>	<input type="checkbox"/>
Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	or Bladder Infections	<input type="checkbox"/>	<input type="checkbox"/>
Other Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Gallbladder Disease	<input type="checkbox"/>	<input type="checkbox"/>
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	Colitis	<input type="checkbox"/>	<input type="checkbox"/>
Gout	<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	<input type="checkbox"/>
Hay Fever	<input type="checkbox"/>	<input type="checkbox"/>	Migraine Headache	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>
Frequent Bronchial			Radiation Therapy	<input type="checkbox"/>	<input type="checkbox"/>
or Lung Infections	<input type="checkbox"/>	<input type="checkbox"/>	Chemotherapy	<input type="checkbox"/>	<input type="checkbox"/>
Emphysema	<input type="checkbox"/>	<input type="checkbox"/>	Depression	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Anxiety	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Stones	<input type="checkbox"/>	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	<input type="checkbox"/>
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	Other _____		

**Surgeries:** List and indicate approximate year.

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**Hospitalizations (other than surgeries):** List reasons and approximate dates.

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**Serious Injuries (Other than the above):** List and give approximate dates.

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**Diagnostic Tests:** List and give approximate dates. (Ex: X-ray, EKG's, ultrasounds, etc.)

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**Immunizations:** Please give dates.

Pneumonia Shot \_\_\_\_\_ Flu \_\_\_\_\_  
 Tetanus \_\_\_\_\_

**Are you allergic to any medications? Yes  No**

*If yes, please list the name(s) and the reaction(s) you had to them:* \_\_\_\_\_

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**Are you allergic to any foods? Yes  No**

*If yes, please list:* \_\_\_\_\_

**PERSONAL HABITS:**

- Do you smoke? Yes \_\_\_\_\_ No \_\_\_\_\_ Never \_\_\_\_\_  
 Cigarettes: Number per day \_\_\_\_\_  Pipe  Cigars  
 How long have you been smoking? \_\_\_\_\_ Years  
 If quit, how long ago? \_\_\_\_\_  
 Do you chew tobacco? Yes  No
- Do you drink alcoholic beverages? Yes  No   
 Hard Liquor 1-3 oz. per day  Over 3 oz. per day   
 Beer 1 can per day  2 cans  3 or more   
 Wine 1 glass per day  2 glasses  3 or more
- Do you drink caffeinated beverages?  
 Yes  No  3 or more cups   
 Decaffeinated Coffee  Regular Coffee  Soda
- Do you drink soft drinks? Yes  No   
 Regular  Diet   
 How many/day \_\_\_\_\_
- Do you use recreational drugs (such as pot, cocaine, etc.)?  
 Yes  No
- Do you have difficulty sleeping?  
 Never  Often  Sometimes
- Hours usually slept: \_\_\_\_\_ hrs.
- Do you awaken very early in the morning without apparent cause and find it difficult to fall asleep again?  
 Frequently  Occasionally  Rarely
- Do you wear your seatbelt? Yes  No

**MEDICATIONS:** (Includes over-the-counter drugs)

Check which of the following if any, you are regularly taking:

- |   |  |
|---|--|
| <input type="checkbox"/> Antacids                       | <input type="checkbox"/> Sleeping pills or tranquilizers |
| <input type="checkbox"/> Asthma or wheezing medicine    | <input type="checkbox"/> Thyroid medicine                |
| <input type="checkbox"/> Aspirin, Bufferin, Anacin      | <input type="checkbox"/> Stomach or digestive medicine   |
| <input type="checkbox"/> Tylenol, or similar products   | <input type="checkbox"/> Weight-reducing pills           |
| <input type="checkbox"/> Birth Control pills            | <input type="checkbox"/> Blood-thinner or Coumadin       |
| <input type="checkbox"/> Blood pressure pills           | <input type="checkbox"/> Dilantin                        |
| <input type="checkbox"/> Cortisone, Prednisone          | <input type="checkbox"/> Water pills, diuretics          |
| <input type="checkbox"/> Cough Medicine                 | <input type="checkbox"/> Antibiotics                     |
| <input type="checkbox"/> Digitalis or heart medicine    | <input type="checkbox"/> Nerve/relaxation pills          |
| <input type="checkbox"/> Estrogen                       | <input type="checkbox"/> Vitamins                        |
| <input type="checkbox"/> Hormones                       | <input type="checkbox"/> Herbs                           |
| <input type="checkbox"/> Insulin or diabetes pills      | <input type="checkbox"/> Other Drugs (List Below)        |
| <input type="checkbox"/> Iron or poor-blood medications | _____  |
| <input type="checkbox"/> Laxatives                      | _____  |

- |   | YES                      | NO                       |
|---|--------------------------|--------------------------|
| Are you frequently confined to bed by illness?                                | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you had difficulty obtaining health/life insurance for physical reasons? | <input type="checkbox"/> | <input type="checkbox"/> |
| Does pain or discomfort awaken you at night?                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you wear yourself out worrying about your health?                          | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you think you may have a tumor or cancer?                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you think you may have trouble with your heart?                            | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have frequent fevers/chills?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Has your weight changed in the last year?                                     | <input type="checkbox"/> | <input type="checkbox"/> |
| up _____ down _____ amt. _____  |                          |                          |
| Are you subject to recurrent infections?                                      | <input type="checkbox"/> | <input type="checkbox"/> |
| Are you frequently ill?   | <input type="checkbox"/> | <input type="checkbox"/> |
| When was your last physical examination? Date _____                           |                          |                          |

Doctor \_\_\_\_\_ Address \_\_\_\_\_

**SOCIAL HISTORY:**

Have you recently lived or traveled outside THIS REGION? YES NO  
   
 Where \_\_\_\_\_

Circle last year of school attended:

Grade School 1 2 3 4 5 6 7 8  
 High School 9 10 11 12  
 College 1 2 3 4  
 Post Graduate

Did you serve in the military?    
 Were you rejected from the Military Service?    
 If yes, why? \_\_\_\_\_

Have you ever been rejected for life or health insurance or had to pay an extra premium?

Do you eat less than three meals a day?

Do you have special food customs or restrictions?

Have you ever been treated for a drinking problem?

Do you exercise less than three times a week?

Do you not have a hobby or hobbies?

Are you active in political, community, or church activities?

Have you taken a vacation in the last 12 months?

Please identify your hobbies and current exercise program:  
 \_\_\_\_\_  
 \_\_\_\_\_

**MARITAL/FAMILY/SIGNIFICANT OTHERS:**

Have you been married more than one time? YES NO

Has there been a recent change in your marital status/relationship?

Does your age and your spouse's age differ by more than 10 years?

Are there any problems with your married life?

Who is the person you count on the most: \_\_\_\_\_

Do you have any sex problems?

Do you consider yourself: heterosexual homosexual bisexual

If a widow or widower, have you had difficulty adjusting to your spouse's death?

Do you have any serious problems with your children?

Is your present home life causing unhappiness?

Have there been any deaths in your family or among close friends in the past year or two?

Does anyone in your family have a serious illness or disability?

Does anyone in your family have a drug or alcohol problem?

If so, who? \_\_\_\_\_

**OCCUPATIONAL:**

Are you currently employed? YES NO  
   
 Where? \_\_\_\_\_  
 Hours/week \_\_\_\_\_ Shift \_\_\_\_\_

Are you dissatisfied with your present type of work?

Does your work involve unusual work, exposure to dust, noise, radioactivity, etc.?

Do you have more than one job?

Do you work more than 40 hours a week?

Do you get along poorly with your fellow employees and/or your supervisors?

Are you unable to perform any work because of disability?

What is your disability? \_\_\_\_\_

Have you missed more than 10 days of work in the past 6 months?

Are you retired? If yes, how long: \_\_\_\_\_

If retired, have you had difficulty adjusting to retirement?

If a housewife, do you find your housework difficult?

If a housewife, are you unhappy with your housework?

**A.**

Is your skin very sensitive or tender? YES NO

Do cuts in your skin stay open a long time?

Does your face often get badly flushed?

Do you sweat a great deal even in cold weather?

Are you bothered by severe itching?

Does your skin often break out in a rash?

Do you have boils frequently?

Has there been a change in the color, temperature or texture of your skin?

Has there been a change in texture of your hair or nails?

**B.**

Do you have severe headaches?

Does pressure or pain in the head often make life miserable?

Do you have hot or cold spells?

Do you have frequent spells of dizziness?

Do you frequently feel faint?

Have you ever fainted or passed out?

Do you have numbness or tingling in any part of your body?

Has any part of your body ever been paralyzed?

Were you ever knocked unconscious?

Have you ever had a fit or convulsion (epilepsy)?

**C.**

	YES	NO
Do you need glasses/contacts to read?	<input type="checkbox"/>	<input type="checkbox"/>
Do you need glasses/contacts to see things at a distance?	<input type="checkbox"/>	<input type="checkbox"/>
Has your eyesight blacked out completely?	<input type="checkbox"/>	<input type="checkbox"/>
Do your eyes continually blink or water?	<input type="checkbox"/>	<input type="checkbox"/>
Do you often have pain in your eyes?	<input type="checkbox"/>	<input type="checkbox"/>
Are your eyes often red or inflamed?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have blurring of vision?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have double vision?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have glaucoma?	<input type="checkbox"/>	<input type="checkbox"/>
Do you use eye drops?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have cataracts?	<input type="checkbox"/>	<input type="checkbox"/>
Are your eyes excessively dry?	<input type="checkbox"/>	<input type="checkbox"/>
When was your last eye exam? _____		

**D.**

Are you hard of hearing?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a running ear?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have constant noises in your ears?	<input type="checkbox"/>	<input type="checkbox"/>
Do you suffer from a constantly running nose?	<input type="checkbox"/>	<input type="checkbox"/>
Is your mouth excessively dry?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have chronic trouble with your nose or throat?	<input type="checkbox"/>	<input type="checkbox"/>
Have you had frequent nose bleeds?	<input type="checkbox"/>	<input type="checkbox"/>
When you catch a cold, do you have to go to bed?	<input type="checkbox"/>	<input type="checkbox"/>
Are you often troubled with spells of sneezing?	<input type="checkbox"/>	<input type="checkbox"/>
Is your nose continually stuffed up?	<input type="checkbox"/>	<input type="checkbox"/>
Do you often catch severe colds?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have to clear your throat frequently?	<input type="checkbox"/>	<input type="checkbox"/>
Do you frequently feel a choking lump in your throat?	<input type="checkbox"/>	<input type="checkbox"/>
Do you frequently have sore throats?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have persistent hoarseness?	<input type="checkbox"/>	<input type="checkbox"/>

**E.**

Do you frequently suffer from heavy chest colds?	<input type="checkbox"/>	<input type="checkbox"/>
Number in past 12 months _____		
Have you coughed up blood?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have sputum or phlegm between colds?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have severe soaking sweats at night?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had tuberculosis?	<input type="checkbox"/>	<input type="checkbox"/>
Results: positive _____ negative _____		
Have you been around anyone who had tuberculosis?	<input type="checkbox"/>	<input type="checkbox"/>
When _____		
Have you ever had pneumonia?	<input type="checkbox"/>	<input type="checkbox"/>
Age _____		
Have you ever had any wheezing or whistling in your chest?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had an asthma attack?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have a chronic chest condition?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever worked in a dusty atmosphere or in close contact with rocks (silica) dust?	<input type="checkbox"/>	<input type="checkbox"/>

**F.**

	YES	NO
Has a doctor ever said your blood pressure was too high?	<input type="checkbox"/>	<input type="checkbox"/>
Has a doctor ever said your blood pressure was too low?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have pains in your heart or chest?	<input type="checkbox"/>	<input type="checkbox"/>
Has a doctor ever said you had heart trouble?	<input type="checkbox"/>	<input type="checkbox"/>
Are you bothered by thumping of the heart?	<input type="checkbox"/>	<input type="checkbox"/>
Does your heart race?	<input type="checkbox"/>	<input type="checkbox"/>
Does your heart miss a beat or beat irregularly?	<input type="checkbox"/>	<input type="checkbox"/>
Has a doctor ever said you had a heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have difficulty breathing?	<input type="checkbox"/>	<input type="checkbox"/>
Do you get out of breath long before anyone else?	<input type="checkbox"/>	<input type="checkbox"/>
Do you sometimes get out of breath just sitting still?	<input type="checkbox"/>	<input type="checkbox"/>
Do your ankles swell?	<input type="checkbox"/>	<input type="checkbox"/>
Must you sleep propped up, having difficulty breathing lying flat?	<input type="checkbox"/>	<input type="checkbox"/>
Do you wake up at night short of breath?	<input type="checkbox"/>	<input type="checkbox"/>
Do you wake up at night with chest pain?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have frequent leg cramps?	<input type="checkbox"/>	<input type="checkbox"/>
a. When you walk?	<input type="checkbox"/>	<input type="checkbox"/>
b. When you are resting (i.e. at night)?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had inflammation in your veins (phlebitis)?	<input type="checkbox"/>	<input type="checkbox"/>
Have you had a chest x-ray or cat scan?	<input type="checkbox"/>	<input type="checkbox"/>
Year _____ Where _____		
Have you had an electrocardiogram?	<input type="checkbox"/>	<input type="checkbox"/>
Year _____ Where _____		
Have you had a stress test/heart study?	<input type="checkbox"/>	<input type="checkbox"/>
Year _____ Where _____		
Do your fingers or toes ever get cold, become numb, or get very white or blue?	<input type="checkbox"/>	<input type="checkbox"/>

**G.**

Have you lost more than half of your teeth?	<input type="checkbox"/>	<input type="checkbox"/>
Are you troubled with bleeding gums?	<input type="checkbox"/>	<input type="checkbox"/>
Is your tongue usually badly coated?	<input type="checkbox"/>	<input type="checkbox"/>
Do you gulp for food in a hurry?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have frequent indigestion?	<input type="checkbox"/>	<input type="checkbox"/>
Do you feel acid fluid/food come back up in your throat?	<input type="checkbox"/>	<input type="checkbox"/>
Is it worse at bedtime?	<input type="checkbox"/>	<input type="checkbox"/>
Do you usually feel bloated after eating?	<input type="checkbox"/>	<input type="checkbox"/>
Do you belch a lot after eating?	<input type="checkbox"/>	<input type="checkbox"/>
Are you often sick to your stomach?	<input type="checkbox"/>	<input type="checkbox"/>
Does severe pain in your stomach often double you up?	<input type="checkbox"/>	<input type="checkbox"/>
Has a doctor ever said you had an ulcer?	<input type="checkbox"/>	<input type="checkbox"/>
When _____		
Confirmed by x-ray?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have normal bowel movements?	<input type="checkbox"/>	<input type="checkbox"/>

**G. - Continued**      YES    NO

Do you constantly suffer from constipation?         

Do you have diarrhea?         

    Number of stools per day \_\_\_\_\_

Have you ever had bloody diarrhea?         

Do you have fresh blood in your stool?         

Have your bowel habits changed recently?         

Were you ever troubled with intestinal worms?         

Have you ever had jaundice (yellow eyes and skin)?         

Have you ever had rectal hemorrhoids?         

Have you ever had severe liver or gall bladder trouble?         

Have you ever had:

    a. difficulty swallowing?         

    b. Hiatal hernia (portion of stomach in chest cavity)?         

    c. vomiting of blood?         

    d. black or tarry stools?         

Have you ever had x-rays of your:

    a. stomach (upper g.i.) Year \_\_\_\_\_         

    b. colon (lower g.i.) Year \_\_\_\_\_         

    c. gall bladder Year \_\_\_\_\_         

    d. abdomen Year \_\_\_\_\_         

**H.**

Do you usually have to get up at night to urinate?         

    Number of times \_\_\_\_\_

Is this new in the last year?         

During the day do you have to urinate frequently?         

Do you sometimes lose control of your bladder?         

Has a doctor ever said that you had kidney or bladder diseases?         

Have you had excessively dark (i.e. brown) urine?         

Have you ever had protein (albumen) in your urine?         

Were you ever a bed wetter?         

Have you had special studies on your kidneys or urinary tract?         

    Year \_\_\_\_\_ Where \_\_\_\_\_

**FEMALES ONLY: MALES GO TO J**

**I.**

Have you ever been pregnant?         

    Number of live births \_\_\_\_\_

    Weight of largest baby \_\_\_\_\_ lbs.

Complications:         

    High blood pressure         

    Hemorrhage         

    Gestational diabetes         

    Number of miscarriages/abortions \_\_\_\_\_

Do you still menstruate?         

    If no, at what age did you stop? \_\_\_\_\_

**I. - Continued**      YES    NO

If yes, at what age did you start? \_\_\_\_\_

    a. Date of last period? \_\_\_\_\_

    b. Number of days from first day of period to first day of next period? \_\_\_\_\_

    c. Number of days of flow? \_\_\_\_\_

    d. Are your periods heavy?         

    e. Do you spot/bleed between periods?         

    f. Are your menstrual periods usually painful?         

    g. Are you weak or sick with your periods?         

Date of last PAP smear? \_\_\_\_\_

Date of last mammogram? \_\_\_\_\_

Have you ever had any trouble with your breasts?         

Do you examine your breasts once per month?         

Have you ever had treatment for your genital organs?         

Do you take calcium supplement for your bones?         

**MALES ONLY: FEMALES GO TO K**

**J.**

Do you have trouble starting your urine stream?         

Has the size or force of your urine stream changed?         

Have you ever had an enlarged testicle or scrotum?         

Do you have or have you ever had any problems with your sex or domestic life?         

Have you ever had treatment for your genital organs?         

Do you examine your testicles once per month?         

**K.**

Do you have pains in your joints?         

Do your joints swell?         

Are you stiff in the morning?         

    How long \_\_\_\_\_

Do you have severe pains in the arms, legs, or feet?         

Are you crippled with arthritis?         

Do pains in the back make it hard for you to keep up with your work?         

Are you troubled with a serious body disability or deformity?         

Has any joint been red or hot?         

Are your muscles painful?         

Are your muscles weak?         

**L.**

Are you colder than people around you?         

Are you warmer than people around you?         

Do you sleep excessively?         

Do you drink large quantities of water/fluids?         

Has anyone ever found sugar in your urine or elevated blood sugar?         

Do you crave salt?

L. - Continued	YES	NO	O. - Continued	YES	NO
Have you ever taken thyroid medication? When? _____	<input type="checkbox"/>	<input type="checkbox"/>	Does life look entirely hopeless?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever taken cortisone or prednisone? By mouth By injection When? _____ Why? _____	<input type="checkbox"/>	<input type="checkbox"/>	Do you often wish you were dead and away from it all?	<input type="checkbox"/>	<input type="checkbox"/>
Has your sexual desire changed?	<input type="checkbox"/>	<input type="checkbox"/>	Have you thought of ending your life?	<input type="checkbox"/>	<input type="checkbox"/>
<b>M.</b>			Do you feel useful and needed?	<input type="checkbox"/>	<input type="checkbox"/>
Do you bleed easily?	<input type="checkbox"/>	<input type="checkbox"/>	Are you happy with yourself?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever received a blood transfusion? When? _____ Why? _____	<input type="checkbox"/>	<input type="checkbox"/>	Does worrying continually get you down?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been told you have too little blood (anemia)?	<input type="checkbox"/>	<input type="checkbox"/>	Do you feel depressed a lot of the time?	<input type="checkbox"/>	<input type="checkbox"/>
<b>N.</b>			<b>P.</b>		
Do you have trouble relaxing?	<input type="checkbox"/>	<input type="checkbox"/>	Do you often worry about your financial situation?	<input type="checkbox"/>	<input type="checkbox"/>
Are you always exhausted?	<input type="checkbox"/>	<input type="checkbox"/>	When you were growing up, did your parents have a hard time making ends meet?	<input type="checkbox"/>	<input type="checkbox"/>
Is everything an effort?	<input type="checkbox"/>	<input type="checkbox"/>	Do you often have a hard time finding someone to watch your children when you're busy or just want some leisure time to yourself?	<input type="checkbox"/>	<input type="checkbox"/>
Do you wake up tired and exhausted?	<input type="checkbox"/>	<input type="checkbox"/>	Do you generally feel that things in your life are on top of you rather than you being on top of things?	<input type="checkbox"/>	<input type="checkbox"/>
Does every little effort wear you out?	<input type="checkbox"/>	<input type="checkbox"/>	Do you feel that you do more for others than they do for you?	<input type="checkbox"/>	<input type="checkbox"/>
Are you nervous?	<input type="checkbox"/>	<input type="checkbox"/>	Do you often feel there is no one to turn to when you want to talk over problems or share concerns?	<input type="checkbox"/>	<input type="checkbox"/>
Do you suffer from nervous exhaustion?	<input type="checkbox"/>	<input type="checkbox"/>	Do you or your children feel unsafe or unhappy living in your present residence?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have difficulty falling asleep?	<input type="checkbox"/>	<input type="checkbox"/>	Does worrying run in your family?	<input type="checkbox"/>	<input type="checkbox"/>
Do you frequently awaken earlier than usual and find it hard to get back to sleep?	<input type="checkbox"/>	<input type="checkbox"/>	Does every little thing get on your nerves and wear you out?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have frequent nightmares?	<input type="checkbox"/>	<input type="checkbox"/>	Does nervousness run in your family?	<input type="checkbox"/>	<input type="checkbox"/>
Are you frequently too tired for sex?	<input type="checkbox"/>	<input type="checkbox"/>	Did you ever have a nervous breakdown?	<input type="checkbox"/>	<input type="checkbox"/>
Are you as tired when you wake up as when you went to bed?	<input type="checkbox"/>	<input type="checkbox"/>	Did anyone in your family ever have a nervous breakdown?	<input type="checkbox"/>	<input type="checkbox"/>
Do you sweat or tremble a lot during examinations or questioning?	<input type="checkbox"/>	<input type="checkbox"/>	Were you ever a patient in a mental hospital?	<input type="checkbox"/>	<input type="checkbox"/>
Do you get nervous and shaky when approached by a superior?	<input type="checkbox"/>	<input type="checkbox"/>	Was anyone in your family ever a patient in a mental hospital?	<input type="checkbox"/>	<input type="checkbox"/>
Does your work fall to pieces when the boss or a superior is watching you?	<input type="checkbox"/>	<input type="checkbox"/>	<b>Q.</b>		
Does your thinking get completely mixed up when you have to do things quickly?	<input type="checkbox"/>	<input type="checkbox"/>	Are you in control?	<input type="checkbox"/>	<input type="checkbox"/>
Must you do things very slowly in order to do them without mistakes?	<input type="checkbox"/>	<input type="checkbox"/>	Are you extremely shy or sensitive?	<input type="checkbox"/>	<input type="checkbox"/>
Do you get orders and directions wrong?	<input type="checkbox"/>	<input type="checkbox"/>	Do you come from a shy or sensitive family?	<input type="checkbox"/>	<input type="checkbox"/>
Do strange people or places make you afraid?	<input type="checkbox"/>	<input type="checkbox"/>	Are your feelings easily hurt?	<input type="checkbox"/>	<input type="checkbox"/>
Are you afraid to be alone?	<input type="checkbox"/>	<input type="checkbox"/>	Does criticism upset you?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have trouble making decisions?	<input type="checkbox"/>	<input type="checkbox"/>	Are you considered to be a touchy person?	<input type="checkbox"/>	<input type="checkbox"/>
<b>O.</b>			Do people usually misunderstand you?	<input type="checkbox"/>	<input type="checkbox"/>
Do you feel alone and sad at a party?	<input type="checkbox"/>	<input type="checkbox"/>	Do you have to be on guard even with your friends?	<input type="checkbox"/>	<input type="checkbox"/>
Do you feel unhappy?	<input type="checkbox"/>	<input type="checkbox"/>	Do you always do things on sudden impulse?	<input type="checkbox"/>	<input type="checkbox"/>
Do you cry often or feel like it frequently?	<input type="checkbox"/>	<input type="checkbox"/>	Are you easily upset or irritated?	<input type="checkbox"/>	<input type="checkbox"/>
Are you often miserable and blue?	<input type="checkbox"/>	<input type="checkbox"/>	Do you go to pieces if you don't constantly control yourself?	<input type="checkbox"/>	<input type="checkbox"/>
			Do little annoyances get on your nerves and make you angry?	<input type="checkbox"/>	<input type="checkbox"/>
			Does it make you angry to have anyone tell you what to do?	<input type="checkbox"/>	<input type="checkbox"/>



**Q. - Continued**

YES NO

- Do people often annoy and irritate you?  YES  NO
- Do you flare up in anger if you can't have what you want right away?  YES  NO
- Do you often get into a violent rage?  YES  NO
- Do you think you will ever be well again?  YES  NO

**R.**

- Do you often shake or tremble?  YES  NO
- Are you constantly keyed up and jittery?  YES  NO
- Do sudden noises make you jump or shake badly?  YES  NO
- Do you tremble or feel weak whenever someone shouts at you?  YES  NO
- Do you become scared at sudden movements or noises at night?  YES  NO
- Are you awakened out of your sleep by frightening dreams?  YES  NO
- Do frightening thoughts keep coming back in your mind?  YES  NO
- Do you often become suddenly scared for no reason?  YES  NO
- Do you often break out in a cold sweat?  YES  NO

YES NO

- Do you have or have you had a serious illness not already listed? If so, what?  YES  NO  
(Heart, lungs, kidney, chest, bowel, liver, etc.)  
List on other side.
- Do you have any additional information which you think might be helpful in your care?  YES  NO  
List on other side.
- Is there anything you would especially like to discuss with me? Please elaborate on next page.  YES  NO

**OTHER DOCTORS:** Please list all other doctors and their phone numbers.

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**ADDITIONAL COMMENTS:**

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**\*\*Please list all medications and vitamins you are currently taking. (prescription and over the counter)**

Name	Strength	Frequency Medication Taken (ex: once a day, twice a day)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

(If more room is needed, please continue onto the back of this form.)

# PATIENT INFORMATION

**Confidential Record:** Information contained here will not be released without your permission. Please complete all information to the best of your knowledge. If you should have difficulty, or do not understand a question, please ask the receptionist for assistance.

Last Name			First	Middle	Birth Date	Age		
Address			City	State	Zip	Home Phone	Work Phone	
If patient is a minor, parent or guardian's name			E-Mail Address		Is your problem related to work or an accident? (If Yes, complete reverse side of this form.) <input type="checkbox"/> Yes <input type="checkbox"/> No			
Employer / Address / Phone (If patient is a minor, need parent or guardian's info here)			Occupation		Patient's Social Security #		Sex: Male <input type="checkbox"/> Female <input type="checkbox"/>	Marital Status <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed
Do You Have Insurance? <input type="checkbox"/> Yes <input type="checkbox"/> No	If not, how do you intend to pay? <input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Credit Card			In case of emergency please contact: Relationship: _____ Phone # _____				
Insurance Company				Medicare #				
Insurance ID #				Medicaid #				
Group ID #				Name of PAAS Provider:				
Subscribers Full Name & Address (If different from above)				Subscriber's: Date of Birth - Social Security Number -				
Relationship to patient?								
Does your insurance plan require that you have a referral for this visit? <input type="checkbox"/> Yes <input type="checkbox"/> No If Yes, does this office have the referral? <input type="checkbox"/> Yes <input type="checkbox"/> No <b>It is your responsibility to obtain a referral if one is needed. IF YOUR INSURANCE REQUIRES A REFERRAL AND YOU ARE SEEN WITHOUT A REFERRAL ON FILE, YOU ARE RESPONSIBLE FOR PAYMENT OF ALL FEES.</b>								
Name of your Primary Care (Family) Doctor:			Who may we thank for referring you? <input type="checkbox"/> Physician, Name: <input type="checkbox"/> Friend, Name: <input type="checkbox"/> Yellow Pages <input type="checkbox"/> Other, Specify:			I have received a copy of the practice's Payment Policy. <input type="checkbox"/> Yes <input type="checkbox"/> No		
Name and location of your preferred Pharmacy:								

.....CONSENT FOR RELEASE OF INFORMATION.....

I, the undersigned, understand that Diabetes, Endocrinology & Lipidology Center, Inc. (DELC) is in need of information related to my medical history and treatment. I authorize other health care providers and entities to provide DELC with the information described in the accompanying letter of request.

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Power of Attorney or If Under 18, Guardian (state relationship)

\_\_\_\_\_  
Date

.....ASSIGNMENT OF BENEFITS.....

I authorize my insurance benefits to be paid directly to Diabetes, Endocrinology & Lipidology Center, Inc. realizing that I am responsible for non-covered services.

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Power of Attorney or If Under 18, Guardian (state relationship)

\_\_\_\_\_  
Date

## ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY POLICIES AND PRACTICES

\*\* You may refuse to sign this acknowledgement \*\*

I, [Print Name] \_\_\_\_\_, have received a copy of Diabetes, Endocrinology & Lipidology Center, Inc.'s Notice of Privacy Policies and Practices.

I  DO,  DO NOT give this office authorization to contact me directly at work or leave messages on my answering machine regarding my care.

Please list any persons you would like to authorize to have access to your billing, appointment or health information such as your spouse, caregiver or family member. *If known, provide the last 4 digits of their Social Security Number and/or Date of Birth so that we may identify the individual over the phone.*

Name	Contact Phone Number	Relationship	Last 4 digits of Social Sec #	Date of Birth

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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### FOR OFFICE USE ONLY

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We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

- Individual refused to sign.
- Communications barriers prohibited obtaining the acknowledgement.
- An emergency situation prevented us from obtaining acknowledgement.
- Other (specify)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Staff Signature: \_\_\_\_\_

# Diabetes, Endocrinology & Lipidology Center, Inc.

## Information, Policy Notice & Agreement

We are committed to providing you with quality and affordable health care and we take a "no surprises" approach to the delivery of services.

**1. Insurance** - At every check-in, please sign in and present your driver's license and insurance card to the receptionist. State if you have had a change of name, address, phone numbers or insurance. Insurance denials or billing errors resulting from inaccurate or out-dated (patient supplied) information will result in the immediate transfer of the account balance to the patient's responsibility. Payment, in full, at the time of service is required:

- If you are a self pay patient,
- If you are insured by a plan which with which we do not participate, or
- If you are insured by a plan we do participate with; however, you do not present a current insurance card.

We cannot know everyone's insurance coverage, benefits, referral/pre-authorization/pre-certification requirements or even if the practice participates with a particular plan. Your health insurance is a contract between you and your insurance plan(s). Knowing this information is your responsibility; not ours. Contact your insurance company with questions. When asked a question, we may give an opinion; however, we assume no responsibility. It is the patient's task to obtain all necessary documentation (referral, authorization, etc.). If, for any reason, you receive services from this office for which your insurance payer denies payment you will be personally responsible for payment of the full fee. These denials include, but are not limited to, non-covered services, failure to pre-authorize service, termination of coverage or exceed benefit limitations. If your insurance company does not pay your claim within 45 days, the balance will be billed to you.

**2. Co-payments, Deductibles and Balances** - You agree to pay all insurance co-payments, deductibles and/or balances at the time of service.

**3. Claim Submission** - We utilize a billing company, Medical Management Solutions, Inc. (MMS), to submit your claims. MMS will assist you in any reasonable way to help get your claims paid. Your insurance company may need you to supply certain information directly. It is your responsibility to comply with their request. Be aware that any balance, after insurance, is your responsibility.

**4. Delinquent Accounts** - A late payment penalty is applied to accounts over 28 days past due. Partial payments will not be accepted unless otherwise negotiated. Be aware that after 60 days if a balance remains unpaid, we may refer your account to a collection agency and you and your immediate family members may be discharged from this practice. If the account is assigned to a 'collection agency' you agree to pay all collection agency fees, court costs, and attorney fees. You understand and agree that all accounts with a balance over 30 days will be assessed a 1.5 percent late charge per month (18% APR) on the unpaid monthly balance.

**5. Broken Appointments** - Failure to cancel an appointment by providing at least 48 hours advance notice will result in a broken appointment fee of up to \$50. You are personally responsible for payment of this fee regardless of your insurance. Patients who miss two (2) appointments are discharged from the practice.

**6. Returned Check Fee** - A fee of up to \$50 is charged for each check returned for any reason.

### AGREEMENT

My signature below confirms that I understand the information and agree to all conditions and terms explained in this document. In consideration for medical services rendered, I understand and agree that I am financially responsible for the payment all charges within 30 days of notice; regardless of third-party involvement. I agree that a copy or facsimile of this consent, assignment and signature is as valid as the original.

**Consent To Receive Phone Calls and Messages:** You authorize us, Diabetes, Endocrinology & Lipidology Center, Inc. (DELCO), our successors or assigns, to call you or send a text message to you at any number you provide or at any number at which we reasonably believe we can contact you, including calls to mobile, cellular, or similar devices, and including calls using automatic telephone dialing systems and/or prerecorded messages, for any lawful purpose, including but not limited to: (1) suspected fraud or identity theft; (2) obtaining information necessary or desirable; (3) you account transactions or servicing; and (4) collecting on your Account. Numbers you provide include numbers you give us and/or numbers from which you call us, our successors or assigns. You agree to pay any fees(s) or charges(s) that you may incur for incoming calls from us, and/or outgoing calls to us, to or from any such number, without reimbursement from us.

\_\_\_\_\_  
Signature of Patient/Power of Attorney or If Under 18, Guarantor/Guardian (state relationship)

\_\_\_\_\_  
Date